Premera Blue Cross Individual Plans
Effective 6/1/2009

Per Adult	Heritage Preferred Plus Contract -014919 (10-2005)		Heritage Preferred Plus Contract -014921 (10-2005)	
	Plus 20		Plus 30	
Age Band	Non-Smoker	Smoker	Non-Smoker	Smoker
<25	$390	$454	$345	$401
25-29	$464	$539	$409	$476
30-34	$482	$562	$428	$494
35-39	$539	$628	$476	$555
40-44	$713	$828	$629	$732
45-49	$828	$962	$732	$851
50-54	$952	$1,106	$839	$978
55-59	$1,153	$1,340	$1,018	$1,183
60-64	$1,345	$1,564	$1,189	$1,383
65+	$1,442	$1,678	$1,274	$1,480
Per Child	$296		$262	

Per Adult	Heritage Protector Plus Contract - 014927 (10-2005)			
	Deductible $500		Deductible $1,000	
Age Band	Non-Smoker	Smoker	Non-Smoker	Smoker
<25	$122	$142	$102	$120
25-29	$145	$171	$122	$142
30-34	$152	$175	$127	$147
35-39	$171	$198	$142	$166
40-44	$225	$261	$188	$219
45-49	$261	$302	$219	$255
50-54	$299	$347	$250	$291
55-59	$361	$421	$303	$352
60-64	$423	$492	$353	$415
65+	$454	$526	$380	$442
Per Child	$94		$77	

Per Adult	Heritage Value Plus Contract - 014923 (10-2005)					
	Deductible $2,500		Deductible $5,000		Deductible $10,000	
Age Band	Non-Smoker	Smoker	Non-Smoker	Smoker	Non-Smoker	Smoker
<25	$188	$219	$158	$181	$103	$121
25-29	$225	$261	$186	$216	$124	$144
30-34	$232	$271	$192	$225	$128	$149
35-39	$261	$303	$216	$251	$144	$168
40-44	$345	$401	$288	$333	$190	$220
45-49	$401	$466	$333	$386	$220	$257
50-54	$461	$534	$382	$444	$255	$294
55-59	$556	$647	$462	$537	$307	$357
60-64	$649	$757	$539	$628	$358	$417
65+	$697	$810	$578	$674	$384	$447
Per Child	$142		$120		$79	